

DAMP, CONDENSATION & MOULD



1. CONDENSATION

There is always some moisture in the air, even if you cannot see it. If the air gets colder it cannot hold all the moisture and tiny drops of water appear. This is condensation.

Condensation occurs mainly during cold weather, whether it is raining or dry. It does not leave a 'tidemark'. It appears on cold surfaces and in places where there is little movement of air. Look for it in corners, on or near windows, in or behind wardrobes and cupboards. It often forms on north-facing walls.

Ventilation is key!



2. MOULD

Mould on areas around the home are often the result of excess moisture in the air. It is often caused by excess condensation, usually as a result of a lack of ventilation in the home that results in high humidity levels.



Did you know that mould has been linked to depression?

The World Health Organisation guidelines suggest a property should be a minimum of 21 degrees in a living room and 18 degrees in the bedrooms, falling lower at night at a minimum of 15 degrees. You should ensure the property is being heated sufficiently.

What can I do to prevent damp condensation and mould?

After treating and eliminating any existing mould

1. Wipe down any condensation from the windows every morning,
2. Open the windows & ventilate when having hot baths and showers.
3. Whilst cooking ensure all lids are on pots and pans and cooker extractor is on and working.
4. Use a dehumidifier.
5. Fix or inform us of any leaks in your home whether it be from the roof, walls or plumbing so mould doesn't have moisture to grow.
6. If you have trickle vents above your windows keep those open.
7. Spray any effected areas with a mould & mildew spray.
8. Do not dry clothing indoors using radiators, the moisture will evaporate from the clothes and settle on the ceiling and walls, consider using a heated airer, tumble dryer or open windows fully when drying.

Please note multiple treatments may be needed over a short amount of time to combat the mould!

Did you know that some types of mould can't be seen?

Parkyns Handy Top Tips



1. Astonish Mould & Mildew spray

Spray on cotton wool and leave on problematic areas overnight – Spray and wipe away as normal.



2. Bleach

A very effective method, use one part bleach and 10 parts water.

Use a sponge or spray bottle on the surface area. Don't rinse the area after cleaning it, unless if its reachable by small children, pets or in a food preparation area.



3. Natural undiluted Vinegar in a spray bottle.

Simply transfer the white vinegar into a spray bottle. Spray the vinegar directly onto the mould. Do not rinse or scrub. Instead, let the vinegar sit for a minimum of one hour. This will allow the mould to absorb the vinegar.

Natural Method and non toxic



4. Handheld window hoovers are a very quick and efficient way of removing all the condensation build up from these problem areas. They are also very handy to have for window cleaning.



5. Interior Dehumidifier can be more cost effective than running a larger electric one. These are small enough that can sit on a shelf or window sill.

